



Redbridge SEND Advisory and Training Service (pka SEaTSS)

SENDATS Therapeutic Intervention Referral - Parental Consent Form

Student Name				She		He		They	
School Details									
Education Other Than At School									
Parent(s)/Carer(s) Name									
Home Address									
Email Address				Phone Number					
I give permission for my child to receive SENDATS therapeutic intervention						Y		N	

**** Please note that the referral will go through a process of triage to determine the suitability for receiving Counselling, Art/Play Therapy, Drawing & Talking intervention, HLTA support modelling Curiosity, Understanding and Empathy, Trauma-Informed SEMH work and, if necessary, will be considered for other SENDATS input ****

I understand and agree with the following:-

- The therapeutic practitioner will be suitably trained (unless a trainee) with regular supervision and DBS approval
- SENDATS will do a risk assessment of the therapeutic space to ensure its suitability for the therapeutic intervention. Sessions are either in a 1:1 or small group context with client(s) and therapeutic practitioner
- The therapeutic practitioner will arrange for an initial meeting to discuss the referral and provision, then will do an initial baseline assessment, in order to establish suitable goals for the sessions
- A collaborative approach is taken to ensuring the therapeutic space is safe, well-boundaried and provides a suitable level of confidentiality. Please take the opportunity to meet with the therapeutic practitioner, to view the room setting/context, discussing any questions or concerns at the time of the initial meeting
- The parent(s)/carer(s) will give suitable notification in advance of any missed sessions, as will the therapeutic practitioner
- The therapeutic practitioner keeps GDPR compliant records, stored within school(s) and/or SENDATS data storage systems
- The therapeutic session progress will be reviewed, evaluated and monitored, referencing theme and impact data, **not** content details
- Details of session content will remain confidential unless an issue of safeguarding arises that needs to be shared with appropriate professionals and/or legally requested
- Parent(s)/carer(s)/family need to be mindful that the child/young person may not wish to discuss their therapeutic session, with them, outside of the session
- Consent will be for the duration of the sessions and one year period, following completion, for the purposes of monitoring the impact of progress. Consent may be discussed and reviewed, at any point, during this period, with discussion about drawing the therapeutic work to a suitable close if needed.
- Please note that part of the therapeutic process can involve needs seeming to become heightened during the change process, before settling, plus change can be taking place even when it doesn't seem to be happening
- You are encouraged to discuss any questions or concerns that arise for you with the therapeutic practitioner
- By default, we retain securely stored records until your child is 25 years old. You may request a copy of all information we retain, at any time, and ask for it to be deleted or amended. All sensitive information that cannot be shared will be kept and deleted in line with the guidance of the professional bodies (e.g. BACP, BAPT, BAAT).

Date: _____

Signature of parent(s)/carer(s) _____

PRINTED NAME(s) _____

Your practitioner art psychotherapist is an art psychotherapy apprentice studying at Teesside University. As part of this training their work is continually assessed to check that it meets the standards necessary to eventually qualify as an Art Psychotherapist. Please read the following statement below to ensure that you fully understand how this affects your child's therapy.

Sessions with the apprentice art psychotherapist are confidential. Details about attendance and therapy will not be shared with anyone without your consent. There are some exceptions to confidentiality however:

- (1) If the apprentice art psychotherapist believes that your child is at risk of harming themselves or anyone else, they have a duty of care to let someone know. In most cases, this will be discussed with your child first.
- (2) It is a requirement that the apprentice art psychotherapist receive regular supervision for the work that they do. Therefore, the apprentice will discuss your child's therapy with their clinical supervisor who is bound by the same confidentiality as above.
- (3) The apprentice art psychotherapist will communicate your child's goals of treatment with the person who made the referral (this will then be documented in the team's notes) so they are clear about the outcome of the assessment.
- (4) Occasionally, the apprentice art psychotherapist takes part in training events with other apprentices and clinical/academic tutors where material about individual cases is discussed. They also occasionally have to write about their work with individual clients. If information about your child's case is shared, in this way, all identifying information about you will be removed. Anyone who has access to this material is bound by the same confidentiality.
- (5) The apprentice art psychotherapist has an obligation to abide to the policies and procedures of the service.

Please sign to state that you agree to work with an apprentice art psychotherapist and that you agree with the statements above:

Date		Signature	
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